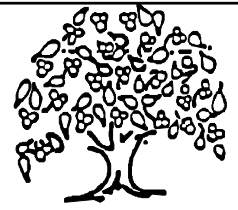


The Cherry Pickins

January 2009



Staying safe in cold temps

While Winter may have taken some time off, it is bound to return and it isn't just a time to stay indoors and wait for spring. Not only are there tons of great Colorado activities to do in the wintertime — like making snowmen, sledding, ice skating and skiing — but it can actually be good for you to go outside and get some fresh air.

People don't "catch" a cold or flu virus because they are out in cold weather. They catch these viruses by touching contaminated surfaces. People tend to be inside and around each other more often when it's cold outside and that's why there's an increase in illnesses during the cold weather season.

Here are a few tips for keeping your family safe in the cold weather:

- ◆ Avoid cotton clothing — it won't keep you very warm. Stick with wool or other fabrics. Wear long underwear, a turtleneck, a sweater and a coat. Add more layers depending on the temperature. Waterproof pants and jackets are great top layers because they don't let the wetness seep into the other clothing. The cold-weather ensemble wouldn't be complete without warm socks and boots to keep your feet dry and a hat to keep your head warm.
- ◆ One thing many people forget about in the winter is protecting your kids' faces with sunscreen. Even though the idea of a sunburn in January can seem odd, snow can reflect up to 85% of the sun's ultraviolet rays.
- ◆ There's no set amount of time children should be allowed to stay out in the cold. However, when being cold becomes unpleasant, it's time to go inside. Sometimes, though, kids may just need some dry gloves. It helps to have an extra pair of gloves or mittens tucked into their

...cont. page 2

Heritage Elementary Auction offers everyone something!

Heritage Elementary School PTCO will hold a Live/Silent Auction titled "Rocking The 80's", Saturday, March 7th at the Columbine Country Club in the evening. Cherry Park Residents can either join in the fun that evening or there are plenty of donation opportunities to promote your business or organization.

Already the auction features 2 Bronco player packages, 2 home make-over packages, Disneyland package and much more. Your business could be featured to the 200 people who will attend as well as the school's families over the course of the next 60 to 90 days.

If you are interested in a night out the event will feature the "Likely Story" band which plays Baker's Street Pub and Bistro El Vino! Comedian Sam Adams will be making a guest appearance and much more.

How can you help? There are plenty of volunteer positions open that range in time and commitment. We are still looking for donations, e.g. Golf packages, etc. Can you donate your air miles to supply tickets?

If you have questions, want to volunteer or have a donation, contact Julie Harris at julieand-john23@msn.com or 720 493 5214.

CPOA ANNUAL MEETING

KOELBEL LIBRARY

(MEETING ROOM A OR B)

WEDNESDAY, FEBRUARY 18TH, 2009

STARTS AT 7:30 P.M.

A representative from the South Suburban Parks and Recreation Outreach Program will be giving a presentation at this meeting. All Cherry Park homeowners are welcome to attend!! Please join us.

CP residents risked hypothermia at 1st Annual Holiday Caroling.



Bitter cold couldn't keep the carolers away at the First Annual Holiday Caroling in Cherry Park. The spirit of the season were still felt as families came together to sing their favorite holiday songs despite the record low temperatures that evening set at -18 F.

Under the twinkle of holiday lights that decorated the shelter in the park, residents huddled around a small heater, with cups of hot chocolate, cookies and hand held candles.

A huge thank you goes out to the families that came out and participated as well as to Lisa and Andrew Bremner, Cyndy Holmes and Claire Geiger who made this event so successful. This will be an annual event that will become a favorite for years to come.



Cont. from page 1 cold temps

pockets if they plan to be outdoors for a while.

Children are at greater risk for frostnip and frostbite than adults, and the best way to prevent it is to make sure kids are dressed warmly and that they don't spend too much time in extreme weather. Frostnip is an early warning sign of the onset of frostbite. It leaves the skin white and numb. After bringing your child inside, remove all wet clothing because it draws heat from the body.

Frostbite occurs mostly on fingers, toes, ears, noses and cheeks. The area becomes very cold and turns white or yellowish gray. If you notice frostbite, take your child immediately to [the nearest hospital emergency room](#).

Should you, your child, or any family member ever need emergency care, you can rest easy knowing that **our 24-hour Emergency Department is nearby**. Our location is convenient – you will find us on the southwest corner of the Arapahoe Road and Jordan intersection in Centennial.

These health tips are brought to you by Centennial Medical Plaza. Reach us at 303-699-3060 or visit our Web site at www.centennialmedicalplaza.com.

member to visit
ication for Ar
ning Cherry
ciation new
nants
ciation's Ar
vs
es and ad

www.cherryark.org

New Year's Resolutions?

So, it January...how's it going. If you have already abandon those resolutions, don't feel bad. It is never too late to turn over a new leaf and make positive changes in your life. Here are some hints:

Create a Plan—Setting a goal without formulating a plan is merely wishful thinking. A good plan will tell you A) What to do next and B) What are all of the steps required to complete the goal.

Create Your Plan IMMEDIATELY—If you're like most people, then you'll have a limited window of opportunity during the first few days of January to harness your motivation. After that, most people forget their resolutions completely.

Write Down Your Resolution and Plan—Commit your resolution and plan to writing someplace, such as a notebook or journal.

Think "Year Round," Not Just New Year's—Nothing big gets accomplished in one day. Resolutions are set in one day, but accomplished with a hundred tiny steps that happen throughout the year. New Year's resolutions should be nothing more than a starting point. You must develop a ritual or habit for revisiting your plan.

Remain Flexible—Expect that your plan can and will change. Life has a funny way of throwing unexpected things at us, and flexibility is required to complete anything but the simplest goal. Sometimes the goal itself will even change. Most of all, recognize partial successes at every step along the way. Just as a resolution isn't accomplished the day it's stated, neither is it accomplished the day you reach your goal. Rather, it's accomplished in many small increments along the way. Acknowledge these incremental successes as they come.

Show this coupon and 5% goes to Preston!



MARY KAY®
Nicol Ray
Independent Beauty Consultant
6234 E Peakview Ave
Centennial, CO 80111
720.529.9494
303.522.3848
nicolray@marykay.com
www.marykay.com/nicolray

Must be 18 years or older and do not have a consultant use this coupon

2009 Dues due!

It is almost 2009. Please mark your calendar to remind you to pay your 2009 dues assessment in January. Your dues pay for vital community organization details such as CPOA liability insurance, the neighborhood directory, *The Cherry Pickins* newsletter, covenant enforcement and for all of our neighborhood events. The Cherry Park Owner's Association's goal is to preserve the status of our neighborhood and to help increase the values of our homes. We can only make our neighborhood a better place with your contribution.

Please make your check payable to: CPOA and mail or drop off to: Claire Geiger, 5855 E. Weaver Circle, Cent. CO 80111.



steve tarr
owner
t 303.453.9100
f 303.770.1251
steve@starrgrp.com

custom home specialists
residential & commercial
interior & exterior
www.starrpaintingpros.com

tessa tarr
business manager
t 303.591.8678
f 303.770.1251
tessa@starrgrp.com

Here's what some local residents have said about us.....

"STarr Painting & Drywall does excellent quality work for a reasonable price. Their reliability was a breath of fresh air."

"I am grateful for the careful, thoughtful and high quality job that STarr Painting & Drywall did. Their clean-up was thorough and they went the extra mile to do a stellar job."

"I very highly recommend STarr Painting! We painted our house last year, and we were very pleased with 1) the professionalism, honesty, and attention we received; 2) the price; 3) the quality; and 4) the employees. I was very happy with the job."

"Good, clean and timely is the best way to describe the services I received from STarr Painting"

We are fully insured.

PLEASE CALL US FOR A FREE ESTIMATE

MCNAMARA'S PROFESSIONAL PAINTING AND HOME IMPROVEMENT

- Interior and Exterior Painting • Texturing
- Dry Wall Finishing • Power Washing

www.mcnamarapainting.com

Call Today For A Free Estimate

Bill MCNAMARA 303-617-0983

Holiday Home Tour Review - Another Success

The Biannual Cherry Park/Heritage Place HOLIDAY HOME TOUR (HHT) was a definite highlight for our residents this past holiday season. The weather was gorgeous, the six homes (three from each neighborhood) were beautiful examples of unique and inspiring remodels, and the turnout and enthusiasm of our residents was high. This FREE, private, and community-building event is a result of the volunteer efforts of community residents and the women of our joint-neighborhood MOTHERS' GROUP, and is underwritten by the HOA of each neighborhood.

We sincerely believe our investment in the HHT is well worth the tangible and intangible results: Tangibly, we constantly receive reports that homeowner have upgraded their homes in response to the encouragement they received from their fellow homeowners who have hosted their homes in past Home Tours. Intangibly, this chance for homeowners of all ages to meet and spend time together has proven to be a favorite in our community-building efforts.

The Cherry Park Owners' Association would like to thank the following people for making the 2008 Holiday Home Tour a success:

- ◆ *Steering Committee: Hilary Vanderveen and Claire Ross, with additional special thanks to Elli Edrich for her dedicated assistance*
- ◆ Invitation and Brochure Committee: Raquel Isenhardt and Nichol Starr
- ◆ *Homeowners: Kevin & Claire Geiger, James & Lauren Sullivan, Monica Wirth, Bryan & Nichol Starr, Rich & Marke Iversen, and Greg & Toni Holroyd*

The gracious volunteers from the Mothers' Group and our community: Marnie Bachman, Joan Bihun Erickson, Lisa Bremner, Meg Brennan, Debbie Brown, Amelia Conti, Tobi Dattilo, Colleen DeLine, Beth Forster, Beth Francis, Crystal Garland, Claire Geiger, Judy Gershaw, Susan Halbach, Ashley Hart. Cyndy Holmes, Raquel Isenhardt, Tricia Kilzer, Anne-marie LeFebre, Mallory LeFebre, Chris Lueck, Marybeth McKenna, Suzie McKenzie, Sydney McKinney, Allison Meredith, Terie Miyamoto, Jen Morton, Amy Nofziger, Diana Rosenthal, Debra Schwartzkopf, Brenda Scott, Christy Serenyi, Jeanelle Sheeder, Lori Stack, Liz Stephens, Lauren Sullivan, Jenny Sunker, Tessa Tarr, Sandra Tate, Sarah Taylor, Vivica Tipper, Debbie Urtz, Claire Welsh, Serena White, and Monica Williamson Engler

To the people named above and to those we regretfully failed to mention, THANK YOU for your tremendous efforts in making this community-building event possible! AND to our enthusiastic, kind and considerate residents: We thank you for your HHT participation and for your generosity to the Food Bank of The Rockies. We hope you were inspired by the wonderfully remodeled homes, and enjoyed the chance to mingle with neighbors on a picture-perfect day.

www.cherrypark.org

Remember to visit www.cherrypark.org for

Application for Architectural Change

upcoming Cherry Park community activities

Association news

Covenants

Association's Articles of Incorporation

Bylaws

Meet with the HOA board

Look someone is moving in next door!!!

Has someone recently moved into your neighborhood? The Cherry Park Owners' Association has put together a welcome packet for new residents to introduce them to our community. Please contact cherrypark-info@junonorm.com with the street address so we can drop off a packet. Thank you.

South Suburban News

South Suburban Celebrates 50 Years of Serving You and Offers Discounts

South Suburban is celebrating its 50th year of serving YOU! To thank you for your support, we're offering special discounts throughout 2009. Come enjoy 50¢ Fridays at your neighborhood recreation facilities. On Friday, February 13, 50¢ Friday will be held at Family Sports Center, 6901 S. Peoria St., in Centennial. Skating enthusiasts of all ages can attend the 10 am and 1 pm and 8 pm public sessions for 50¢ as well as rent skates for only 50¢. Slide on in for some low-cost seasonal fun and visit www.sspr.org to learn more about each unique, monthly 50¢ Friday as well as other exciting 50th anniversary celebration activities.

Take Pride in Your Community Apply for South Suburban's Matching Gift Program

South Suburban Parks and Recreation's Board of Directors has allocated \$10,000 for its annual Matching Gifts Program. This program matches donated dollars with District funds, resulting in double the money available for the development and improvement of community parks, trails, facilities and programs. Neighborhoods, homeowner associations, sports groups, businesses, service clubs, individuals and other community organizations are encouraged to make an application for matching funds to complete their community projects on District-owned or leased property. Applications for \$2,000 or less are more likely to be approved for funding. South Suburban will continue a water conservation program in conformance with any watering restrictions that may arise in Spring 2009. The District is accepting Matching Gift applications for tree plantings and landscape improvements. Requests must be submitted by Friday, March 13, 2009, and it is preferred that the funding match be in dollars, but consideration will be given for documented in-kind services. Projects must be completed by December 31, 2009 including all final billings and reimbursements. Applications may be picked up at the South Suburban Administrative Office, 6631 South University Blvd. or downloaded at www.sspr.org. Anyone interested in additional information may contact Nancy O'Connor, at 303-798-5131.

Online Registration Starts Now for South Suburban's Spring/Summer Classes

Online registration is underway for South Suburban Parks and Recreation's spring and summer classes. District residents can register for all classes on a first come, first-served basis, and residents are encouraged to register online as soon as possible because popular programs fill up fast. The online catalog offers the first opportunity to view the new schedule of classes; the printed catalog of activities will be mailed out to residents' homes in March. Non-District residents may pre-register with the understanding that their registrations are processed on a space available basis beginning March 24.

At South Suburban you'll find recreation fun for everyone: sports, art, swimming, fitness, nature, outdoor recreation, hockey, day camps, golf and much more. For easy, convenient online registration, and to review all South Suburban has to offer, visit www.sspr.org.



**Solar - FREE Energy from the sun,
for decades to come!**

Find out how Xcel rebates and Federal tax credits can pay for more than 60% of your PV solar system!

And your solar system will increase the value of your home by MORE than its net cost to you.

NO SUBCONTRACTORS!! 12 Month's same as cash financing available.

For a free, NO PRESSURE consultation, please call:

Mike Mendes

**Cherry Park
Resident**

(720) 849-3714

BABYSITTERS:

Ally Barwick – 13	303-771-1293
Elizabeth Erickson 11 ½	303-756-0999
Jordan Goodall – 15	720-488-0473
Melissa Jeske - 16	303-770-5473
Carolyn Mendes - 16	720-529-3589
Mark Ossip – 14	303-793-0073
Rachel Ossip – 12	303-793-0073
Schaal Reilly -13	303-221-3476
Katy Smith – 17	303-990-4423

(will nanny available 2 pm – anytime on weekdays)

MOTHER'S HELPER:

Desiree Caviness -13	303-224-0848
Elizabeth Erickson – 11 ½	303-756-0999
Schaal Reilly -13	303-221-3476
Shae Reilly – 11	303-221-3476
Katy Smith – 17	303-990-4423

PET SITTERS:

Desiree Caviness -13	303-224-0848
Jordan Goodall -15	720-488-0473
Melissa Jeske - 16	303-770-5473
Carolyn Mendes – 16	720-529-3589
Mark Ossip - 14	303-793-0073
Rachel Ossip – 12	303-793-0073
Schaal Reilly -13	303-221-3476
Shae Reilly – 11	303-221-3476

David Rothberg – 15	303-771-9517
Jenny Wu - 16	303-741-1021
Adam Zeiger - 15	303-740-8987
David Zeiger - 15	303-740-8987
Luke Zeiger - 15	303-740-8987

HOUSE WATCHERS MAIL/NEWSPAPER PICK-UP:

Jordan Goodall -15	720-488-0473
Melissa Jeske - 16	303-770-5473
Carolyn Mendes – 16	720-529-3589
Mark Ossip - 14	303-793-0073
Rachel Ossip – 12	303-793-0073
Schaal Reilly -13	303-221-3476
Shae Reilly – 11	303-221-3476
Lindsey Ross – 22	303-721-7677
David Rothberg – 15	303-771-9517
Jenny Wu - 16	303-741-1021

LAWN MOWING AND LANDSCAPING:

Justin Ross - 15	303-721-7677
------------------	--------------



The Orchards
5922 S. Holly Street
Greenwood Village, CO 80111
(303) 221-1430
locoastalfusion.com

Present this card and enjoy a
**\$10 Off your purchase
of \$25 or more**
during your visit!
Expires 12/31/08 Dine In Only

Hours: Monday – Thursday 11 – 10
Friday: 11 – 11 ♦ Saturday: 4 – 11 ♦ Sunday: 5 – 10



HAPPY HOUR:
Monday – Friday 3:30 – 6:00
DRINK & SUSHI SPECIALS

www.cherrypark.org features:

- ◆ Architectural Change Application
- ◆ Past issues of the Pickins
- ◆ And more!

www.cherrypark.org

Visit www.cherrypark.org for Architectural Change

The Cherry Park Owners' Association would like to set up an email distribution list of all of its residents. This distribution list would be used solely by the CPOA to inform the Cherry Park residents of upcoming events, HOA meeting topics or guests, or for issues that we think that the residents should know about immediately such as a criminal act or a public warning. If you would like to be included on the distribution list, please email cherrypark-info@jung.com.

Arapahoe Library District

The Library Assists You with Your Business!

Arapahoe Library District patrons will now have access to a powerful online business resource called BusinessDecision.

Once reserved for big businesses, this sophisticated marketing research database provides entrepreneurs, and small to mid-sized businesses, with powerful decision making tools to pinpoint growth and expansion opportunities. Patrons will have easy access to a host of consumer and demographic data, and businesses can easily obtain information to better understand their markets and increase their competitiveness, productivity and profitability.

BusinessDecision can also accomplish complex marketing research tasks, such as identifying potential customers, analyzing competitors, determining market share, uncovering new markets, selecting the appropriate product mix and much more.

Patrons can learn about their customers and markets with the consumer market segmentation system known as Tapestry, which groups the U.S. market by lifestyle, life-stage and geographic descriptors. Easy-to-use wizards make the database simple and even fun to use. Information is presented in maps, reports, charts and graphs. BusinessDecision dovetails very nicely with ReferenceUSA, an online directory of consumer households, businesses and healthcare providers.

Both BusinessDecision and ReferenceUSA are free business resources that are available to all Arapahoe Library District cardholders through the Library District's website, www.arapahoelibraries.org.

In addition, the Library District has two experienced business librarians who are offering workshops at Koelbel Library and Smoky Hill Library to assist users with this powerful business development tool. Please visit www.arapahoelibraries.org and click the Programs & Events link for workshop dates and times and to register for a session. The business librarians are also available to facilitate training sessions at any workplace. Please call 303-LIBRARY (303-542-7279) for more details.

Program Registration Reminder

As a reminder, patrons will now need to register for all Library District programs, including book clubs, computer classes, programs and storytimes.

There are three ways patrons can register for a program: they can call the library at 303-LIBRARY (303-542-7279), visit the library where the program will be held or they can register online at www.arapahoelibraries.org by clicking the Programs & Events link.

New Library at Parker and Florida Grand Opening – Save the Date!

The new library at Parker and Florida is scheduled to open to the public at 9 am on Saturday, February 21. Please watch out for more information about grand opening celebrations on the Arapahoe Library District website, www.arapahoelibraries.org.

The New Year Beggings for New Art!

Don't let 2009 pass by before taking the opportunity to share your art with the community. The Courtyard Gallery of the Smoky Hill Library is encouraging artists to submit slides or downloadable images for consideration to be featured in the gallery's 2009 exhibit schedule. In addition to examples, artists are encouraged to send an accompanying list with image title, media, dimensions and number of pieces to be submitted; an artist statement and resume (optional); and a brief description of the work. Artists are invited to submit work for consideration at any time. For more information, call Karen Andrews at 303-LIBRARY (303-542-7279).

Holiday Closings

All Arapahoe Library locations will be closed Monday, February 16 in observation of President's Day. For more information, please call 303-LIBRARY (303-542-7279).